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Rational Recovery The New Cure

Rational Recovery offers new hope to addicted people. I wrote Rational Recovery: The New Cure for Substance Addiction (Pocket Books, 1996) to help addicted people

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who have not and cannot be helped by the 12-step program of Alcoholics Anonymous. Very few who actually recover from substance addictions do it by attending meetings, entering treatment centers, or getting counseling.

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Rational Recovery: The New Cure for Substance Addiction is the definitive guide to

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Rational Recovery written by Jack Trimpey himself. In the book he outlines his journey to sobriety and presents his aggressive and effective self-help program. Invaluable for those looking for an AA alternative.

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Rational Recovery - What Is AVRT? - The Alcoholism Guide

i really recommend the book - Rational Recovery - The New Cure for Substance Addiction - there is a new version out called The Art of AVRT but i'm not sure if it's available in the UK. he also has a version specifically aimed at those who have been through 12-step type programs and found them unhelpful, called The Small Book. the new book applies the concept to sex and cigarettes and has ...

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Rational Recovery - The New Cure for Substance Addiction ...

For those who are looking to make an extreme change in their lives, Rational Recovery is a proven recovery process and accessible instructional guide for all who are dealing with substance addiction. If you have been discouraged by traditional approaches to addiction recovery, then Rational Recovery will show how you can defeat addiction and remain sober for the rest of your life.

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Hallo, Inloggen. Account en lijsten Account Retourzendingen en bestellingen. Probeer

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Rational Recovery: The New Cure for Substance Addiction ...

Rational Recovery : The New Cure for Substance Addiction by Jack Trimpey. Gallery Books, 1996. Paperback. Good. Disclaimer:A copy that has been read, but remains in clean condition. All pages are intact, and the cover is intact. The spine may show signs of wear.

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For those who are looking to make an extreme change in their lives, Rational Recovery is a proven recovery process and accessible instructional guide for all who are dealing with substance addiction.

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Buy Rational Recovery: The New Cure for Substance ...

Rational Recovery is a commercial vendor of material related to counseling, guidance, and direct instruction for addiction designed as a direct counterpoint to Alcoholics

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Anonymous and twelve-step programs. Rational Recovery was founded in 1986 by Jack Trimpey, a California-licensed clinical social worker. Trimpey is a recovered alcoholic who works in the field of treatment of alcoholism and other drug addictions. Rational Recovery is a commercial trademark, along with the Addictive Voice Recogn

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## Rational Recovery - Wikipedia

For those who are looking to make an extreme change in their lives, Rational Recovery is a proven recovery process and accessible instructional guide for all who are dealing with substance addiction. If you have been discouraged by traditional approaches to addiction recovery, then Rational Recovery will show how you can defeat addiction and remain sober for the rest of your life.

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